



## Newcastle Falcons Foundation Rugby Programme



If you're fanatical about all things sport, then we have the course for you. Careers in sport are hugely varied and exciting, and could see you working anywhere in the world. With a range of courses for every level of study, top facilities and professional coaching, TyneMet is the best place to kick-off your sports career.



**tyne  
metropolitan**  
college

# Falcons Community Foundation Rugby Programme, Level 3 Extended Diploma in Rugby Excellence

The course for you if ... you want a career in the sport or rugby industry and have a passion for and a strong ability within rugby. Based at the Kingston Park Stadium, not only will you complete a BTEC Level 3 Extended Diploma in Sport (Performance and Excellence), but you will also have the opportunity to train and learn within a professional rugby environment.

You will train like a professional with expert coaches from Newcastle Falcons and learn integral Rugby Union techniques. You will experience media training and post-game video analysis whilst taking part in a wide range of work experience opportunities. You will also examine the ethics and values in sport, the role of the professional sports person, sports psychology and the principles of coaching. You will also have the option to complete a Level 2 Certificate in Fitness Instructing which will enable you to work in the fitness industry.

## Entry Requirements

Minimum of 5 GCSEs at Grade C or above, including English and Maths OR Merit in a Sport qualification at Level 2 along with C's at GCSE in English and Maths. An interview with a course tutor is required and you need to be successful at TyneMet's Rugby Excellence programme trials.

## Course Duration

Two years.

## Assessment

You will be assessed through your coursework, which includes projects, group presentations and practical work. There will also be a range of externally assessed units which will be in the form of an external exam as well as a controlled assessment.

## Progression & Careers

The Falcons Community Foundation Rugby Programme also offers excellent progression routes through links with Northumbria University. You could progress onto a wide range of university degrees in areas such as, Sport & Exercise Science, Sports Coaching, Sports Development, Sports Management, Sports Therapy, Strength and Conditioning, Sports Psychology or Sports Nutrition.

You also have the option to progress onto a Foundation Degree in Sports Coaching or Exercise Health & Fitness at TyneMet, awarded by the University of Sunderland. Careers include: Teacher, Professional Rugby Coach, Sport Development Officer, Rugby Development Officer, Fitness Instructor, Personal Trainer, Health Promotion Worker, Sport/Health/Leisure Centre Manager, Strength and Conditioning Coach or Sport Psychologist.

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Keep in touch for all the latest course information, news and events from TyneMet College

Talk: 0191 229 5000 | Type: enquiries@tynemet.ac.uk | Explore: www.tynemet.ac.uk

